

# BLACKBIRD HOMEOPATHY

Name \_\_\_\_\_ Date \_\_\_\_\_

Occupation \_\_\_\_\_

Education \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_ Blood Type \_\_\_\_\_

How did you hear about Blackbird Homeopathy?

## Family History

|          | <u>First name</u> | <u>Age</u> | <u>If passed, cause of death</u> |
|----------|-------------------|------------|----------------------------------|
| Father   | _____             | _____      | _____                            |
| Mother   | _____             | _____      | _____                            |
| Siblings | _____             | _____      | _____                            |
| Children | _____             | _____      | _____                            |

### Check the Items that apply to blood relatives, and list relationship.

- |  |   |
|--|---|
| <input type="checkbox"/> <i>Alcohol/drug problem</i> | <input type="checkbox"/> <i>High Blood Pressure</i> |
| <input type="checkbox"/> <i>Allergy/Asthma</i>       | <input type="checkbox"/> <i>High Cholesterol</i>    |
| <input type="checkbox"/> <i>Anemia</i>               | <input type="checkbox"/> <i>Kidney Disease</i>      |
| <input type="checkbox"/> <i>Arteriosclerosis</i>     | <input type="checkbox"/> <i>Liver Disease</i>       |
| <input type="checkbox"/> <i>Arthritis</i>            | <input type="checkbox"/> <i>Mental Illness</i>      |
| <input type="checkbox"/> <i>Binge Eating/Bulimia</i> | <input type="checkbox"/> <i>Obesity</i>             |
| <input type="checkbox"/> <i>Bleeding Problem</i>     | <input type="checkbox"/> <i>Stroke</i>              |
| <input type="checkbox"/> <i>Cancer</i>               | <input type="checkbox"/> <i>Suicide</i>             |
| <input type="checkbox"/> <i>Diabetes</i>             | <input type="checkbox"/> <i>Thyroid Disease</i>     |
| <input type="checkbox"/> <i>Epilepsy/seizure</i>     | <input type="checkbox"/> <i>Tuberculosis</i>        |
| <input type="checkbox"/> <i>Heart Disease</i>        | <input type="checkbox"/> <i>Ulcer</i>               |
| <input type="checkbox"/> <i>Skin Disease</i>         | <input type="checkbox"/> <i>Syphilis</i>            |
| <input type="checkbox"/> <i>Gonorrhea</i>            |   |

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Please check all that apply to you and list approximate dates.

|  |  |   |
|--|--|---|
| <input type="checkbox"/> Acne                    | <input type="checkbox"/> Endometriosis           | <input type="checkbox"/> Nightmares           |
| <input type="checkbox"/> AIDS                    | <input type="checkbox"/> Fibroids (uterine)      | <input type="checkbox"/> Overweight           |
| <input type="checkbox"/> Alcohol/drug problem    | <input type="checkbox"/> Gallbladder             | <input type="checkbox"/> Panic Attack         |
| <input type="checkbox"/> Allergies               | <input type="checkbox"/> Glaucoma                | <input type="checkbox"/> Pelvic Infection     |
| <input type="checkbox"/> Anemia                  | <input type="checkbox"/> Gout                    | <input type="checkbox"/> Periodontal Disease  |
| <input type="checkbox"/> Antibiotics (1x a year) | <input type="checkbox"/> Hearing Problems        | <input type="checkbox"/> Phlebitis            |
| <input type="checkbox"/> Anorexia/Bulimia        | <input type="checkbox"/> Heart Attack            | <input type="checkbox"/> Pneumonia            |
| <input type="checkbox"/> Anxiety                 | <input type="checkbox"/> Heart Failure           | <input type="checkbox"/> Premenstrual Tension |
| <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Hemorrhoids             | <input type="checkbox"/> Prostrate Problems   |
| <input type="checkbox"/> Asthma                  | <input type="checkbox"/> Hepatitis               | <input type="checkbox"/> Psychotherapy        |
| <input type="checkbox"/> Back Problems           | <input type="checkbox"/> Herpes                  | <input type="checkbox"/> Rheumatic Fever      |
| <input type="checkbox"/> Binge Eating            | <input type="checkbox"/> Hernia                  | <input type="checkbox"/> Scarlet Fever        |
| <input type="checkbox"/> Bladder infections      | <input type="checkbox"/> High Blood Pressure     | <input type="checkbox"/> Seizures/epilepsy    |
| <input type="checkbox"/> Blood clots             | <input type="checkbox"/> High Cholesterol        | <input type="checkbox"/> STI's                |
| <input type="checkbox"/> Breast lumps            | <input type="checkbox"/> Hives                   | <input type="checkbox"/> Sinusitis            |
| <input type="checkbox"/> Bronchitis              | <input type="checkbox"/> Insomnia                | <input type="checkbox"/> Sleep Disorder       |
| <input type="checkbox"/> Cancer                  | <input type="checkbox"/> Kidney Infection/stones | <input type="checkbox"/> Steroid Use          |

# BLACKBIRD HOMEOPATHY

|   |   |  |
|---|---|--|
| <input type="checkbox"/> Cataract (s)<br><input type="checkbox"/> Chemical Sensitivity<br><input type="checkbox"/> Chronic Fatigue<br><input type="checkbox"/> Colitis<br><input type="checkbox"/> Depression/Anxiety<br><input type="checkbox"/> Diabetes<br><input type="checkbox"/> Ear Infection<br><input type="checkbox"/> Eczema | <input type="checkbox"/> Liver Disease<br><input type="checkbox"/> Lyme/Babesia/Malaria<br><input type="checkbox"/> Menstrual Problems<br><input type="checkbox"/> Mental Illness<br><input type="checkbox"/> Migraine<br><input type="checkbox"/> Mononucleosis<br><input type="checkbox"/> Mumps<br><input type="checkbox"/> Neurological Problem | <input type="checkbox"/> Stroke<br><input type="checkbox"/> Suicide Attempt<br><input type="checkbox"/> Syphilis<br><input type="checkbox"/> Thyroid Problem<br><input type="checkbox"/> Tuberculosis<br><input type="checkbox"/> Ulcer<br><input type="checkbox"/> Vaccine Reaction<br><input type="checkbox"/> Warts |
| <u>Surgery:</u> List all procedures and approximate dates   |   | <u>Hospitalizations:</u> Reasons/Dates   |
| <u>Accidents, Traumatic Injuries, Broken Bones:</u>   |   | <u>Current Health Problem/Diagnosis:</u>   |

# BLACKBIRD HOMEOPATHY

| <u>Male</u>                    | <u>Female</u>                    |
|--------------------------------|----------------------------------|
| Enlarged prostate?             | Date of last menstrual period:   |
| Decreased urine stream?        | Length of cycle                  |
| Unable to interrupt stream?    | Length of period                 |
| Dribbling after urination?     | Age menstruation began:          |
| Pus or drainage from penis?    | Menopause?                       |
| Genital swelling?              | Number of pregnancies            |
| Rash/eruptions?                | Number of live births            |
| Problems with sexual function? | Number of abortions/miscarriages |
|                                | Vaginal discharge?               |
|                                | Spotting between periods?        |
|                                | Painful intercourse?             |
|                                | Issues with fertility?           |
|                                | Problems with sexual function?   |

# BLACKBIRD HOMEOPATHY

## Lifestyle

|   |   |
|---|---|
| <b>Prescription Medications (List prescribing doctor)<br/>&amp; Homeopathic Remedies (list homeopath)</b> | <b>Vitamins, Mineral Supplements</b>  |
| <b>Allergies</b>  | <b>Food Allergies (include method of testing)</b>   |
| <b>Food Cravings</b>  | <b>Alcohol/Recreational Drug Use</b><br>Do you drink alcohol or use drugs?<br><br>How much/often? |
| <b>Caffeine</b><br>Do you drink coffee or tea?<br><br>How much/often?                                     | <b>Cigarettes</b><br>Do you smoke now or did you in the past?<br><br>How much/often?              |
| <b>Diet Soda/Artificial Sweeteners</b><br>Describe your use:  | <b>Refined Sugars/Processed Foods:</b><br>Describe your use:                                      |

# BLACKBIRD HOMEOPATHY

|   |                                |
|---|--------------------------------|
| <p><b>Hobbies</b></p><br><br><p>How often do you do them?</p> | <p><b>Living Situation</b></p> |
|---|--------------------------------|

## Life Changes

|   |   |
|---|---|
| <p><b>Exercise:</b> Describe the ways you get your body moving. Do you feel you get enough physical activity?</p> | <p><b>Food:</b> Do you feel you eat a healthy and well-balanced diet? Do you need guidance/support?</p>             |
| <p><b>Worry/Anxiety:</b> Do you have particular issues that worry you? How does this impact your life?</p>        | <p><b>Healthy Relationships:</b> Do you have a supportive family/community?</p>                                     |
| <p><b>Unhealthy Relationships:</b> Have you been a victim of domestic abuse or troubling relationships?</p>       | <p><b>Spiritual Life:</b> Do you have a spiritual practice? Is your spiritual life fulfilling and satisfactory?</p> |
| <p><b>Intimacy:</b> Are you satisfied with your sexual/intimate life?</p>   | <p><b>Anything else?</b> Please indicate any topics you want to address in your consultation.</p>                   |

# BLACKBIRD HOMEOPATHY

In the past year, what changes have occurred in your:

|                |
|----------------|
| Personal Life: |
| Family Life:   |
| Social Life:   |
| Work Life:     |
| Sex Life:      |

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